

SPORT FOUNDATIONS TITLE - Level Two

Location	Any familiar location, such as the house, yard or regular training area. All exercises off leash.
Equipment	Target, Distraction Bowl, Jump, Retrieve Object, Scent Articles Optional: Distance Platform, Nosework Oil
Cues	All cues at this level may be verbal and/or signal
+R	Eight external reinforcers: Handler may use external reinforcers to reward the dog's behavior for up to eight exercises. The reinforcer (food or toy) must be kept in a pocket and out of sight while the dog is performing an exercise. In exercises where a visible distraction is required, then the distraction, when given to the dog, IS counted as one of the external reinforcers. The reinforcer MUST be the same food or toy that is used in any distraction work. One reinforcer = one treat, ball toss or toy play up to 10 seconds. Reinforcement may only be given on the completion of the exercise.
Level 2-1	Moving engagement with no visible reinforcers - 15 seconds: Handler maintains the dog's focus while moving for 15 seconds. Reinforcers must not be visible. Formal cued heeling not allowed.
Level 2-2	Heel pivots without paw target - 360° to the left and right: Dog and handler pivot in unison on the spot and without a paw target, turning 360° to the left and right. Handler movement must be slow and controlled, and on a single spot so that the dog's understanding of parallel position in both directions can be assessed. Hand target over the dog's head (not touching the dog) optional. Dog may be re-cued when the handler changes direction.
Level 2-3	Recall 6 feet and front with formal finish: Dog is left in a sit or down-stay. Once the handler is approximately 6 ft (2 m) away, the handler pauses 1-2 seconds and recalls the dog directly to a straight front (within 30°) without a target. Handler pauses 1-2 seconds and then cues a formal finish from front position to heel position. Choices include a left (swing) finish, right (behind the handler) finish, or through (between the legs) finish. The dog's final heel position should be close (within 6" (15 cm)) and straight (within 30°).
Level 2-4	Stand, sit, down position changes in heel position with handler marching: Handler starts by "marching" in place with the dog in heel position. Handler then cues a stand, sit and down in any order. Dog must hold each position for at least one second.
Level 2-5	Send to target, hold a single sustained position, show one more position: Handler sends the dog to a target 10 ft (3 m) away. When the dog arrives at the target the dog may maintain and hold it's original position OR the handler cues a single position of his/her choice. An optional, single cue to begin holding position (wait, stay etc) is allowed. The dog must hold that position for five seconds. After five seconds the dog will be cued to a new position of the handler's choice.
Level 2-6	Mark forward and attention forward with handler and distraction: A distraction/reward bowl, target object or toy is placed 6 ft (2 m) in front of the dog and handler. Handler demonstrates that the dog can (A) offer minimum 1-2 seconds of eye contact to the handler in the presence of the bowl/object/toy, and (B) mark (focus forward) towards the bowl/object/toy for minimum 1-2 seconds when cued by the handler. At that time the handler may either release the dog to the bowl or toy, or pick up the reinforcement and give it to the dog. Exercise may also be done with focus forward first and then focus to handler.
Level 2-7	High or broad jump (½ height or full height/length) - no handler movement: The high jump should be approximately ½ of the dog's height at the withers or greater. If a broad jump is selected, the length of broad jump should equal approximately the height of the dog at the withers, or greater, at the handler's discretion. The handler may be in front of, beside, or behind the jump when the dog is cued to jump, but may not run with the dog. The dog jumps at least one direction. The jump does not need to be a formal or regulation jump. There should be at least 2 ft (0.6 m) of open space on the outside of the jump, so that the dog has the option of going around. No minimum distance from the jump is required.
Level 2-8	Hold retrieve object one second: Dog must hold a retrieve object for a minimum of one second. Object may be handed to the dog, or picked up from the floor. After one second has elapsed, the dog may either release the object to the handler or drop it on the ground.
Level 2-9	Scent articles (4): Handler places four articles of any type or material on the ground, approximately 8" - 10" (20 - 25 cm) apart. The correct article may NOT have food in it. The handler will hold and scent the correct article for about ten seconds and then place it in the collection. If the dog watches the article placement, either throw a cookie or send the dog around a cone to get the dog away from the collection. On the return the dog can be cued to find the article, or the handler can simply wait. The dog must demonstrate one repetition with a clear and obvious indication or retrieve of the correct article. Nosework scent (oils) may be used instead of personal scent on the correct article (in which case the nosework scent would be contained appropriately inside the correct article).
Level 2-10	Stay 15 seconds at 10 feet under distraction with handler's back to dog: Dog demonstrates a 15 second sit, down or stand-stay. The dog may be left on a mat or directly on the ground. A distraction (food or toy, bowl optional) is placed approximately 1 ft behind the dog. After cuing the dog to stay, the handler steps about 10 ft (3 m) forward and keeps his/her back to the dog for 15 seconds. The count starts when the handler leaves the dog. Once 15 seconds has elapsed, the handler returns to the dog in heel position and waits two seconds. The dog is then released to the distraction, or the handler may pick up and hand the distraction to the dog after the dog has moved out of position.